



Olde Towne Athletic Club



AUGUST 2017

Club Hours

Monday - Friday: 6:00 am - 10:00 pm
 Saturday & Sunday: 7:00 am - 8:00 pm

Pub & Grille Hours

Monday - Friday: 11:00 am - 10:00 pm
 Saturday & Sunday: 11:00 am - 3:00 pm

Courtside Cabana Hours

* Back to School Schedule *
 Saturday & Sunday: Noon - 6:00
 Hours subject to change
 due to weather.



AUGUST DINNER SPECIALS

Mon: Grilled Cilantro Salmon
 Tues: Baked Half Chicken
 Wed: Seared Sesame Tuna
 Thurs: Chicken Marsala
 Fri: Sauteed Shrimp



Last day to use minimum: August 26

Labor Day

Tennis Mixer, Cookout, Pool Party

Monday, September 4th

Tennis Mixer 9 - 11:30 am

Cookout: 11:30 am - 1:30 pm

Holiday Hours Observed: 7 am - 5 pm

YOGA 101 4-WK SERIES

Stars Friday, August 4th

Contact Lisa: lisa@eastcobbyyoga.com



August 28
 through
 September 10

Cobb County Schools
 1st Day of School July 31st



Phone: 770-578-9901 * Fax: 770-971-4031
 www.oldetowneathleticclub.com
 www.gpttennis.net

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Baked Half Chicken Yoga Lev 1-2 / 9-10:15 Adult Drills 7-8:30 pm	2 Seared Tuna Yoga Level 3 9-10:15 am Mindfulness 6:30-8:30	3 Chicken Marsala	4 Sauteed Shrimp Adult Drills 9-10:30 Yoga 101 10:30-Noon Men's RR 3-6 pm	5
6 Men's Round Robin 9 - 12 Noon	7 Grilled Cilantro Salmon Yoga Level 3 9-10:15 am	8 Baked Half Chicken Yoga Lev 1-2 / 9-10:15 Adult Drills 7-8:30 pm	9 Seared Tuna Yoga Level 3 9-10:15 am Mindfulness 6:30-8:30	10 Chicken Marsala	11 Sautéed Shrimp Adult Drills 9-10:30 Yoga 101 10:30-Noon Men's RR 3-6 pm	12
13 Men's Round Robin 9 - 12 Noon	14 Grilled Cilantro Salmon Yoga Level 3 9-10:15 am	15 Baked Half Chicken Yoga Lev 1-2 / 9-10:15 Adult Drills 7-8:30 pm	16 Seared Tuna Yoga Level 3 9-10:15 am Mindfulness 6:30-8:30	17 Chicken Marsala	18 Sauteed Shrimp Adult Drills 9-10:30 Yoga 101 10:30-Noon Men's RR 3-6 pm	19
20 Men's Round Robin 9 - 12 Noon	21 Grilled Cilantro Salmon Yoga Level 3 9-10:15 am	22 Baked Half Chicken Yoga Lev 1-2 / 9-10:15 Adult Drills 7-8:30 pm	23 Seared Tuna Yoga Level 3 9-10:15 am Mindfulness 6:30-8:30	24 Chicken Marsala	25 Sauteed Shrimp Adult Drills 9-10:30 Yoga 101 10:30-Noon Men's RR 3-6 pm	26
27 Men's Round Robin 9 - 12 Noon	28 Grilled Cilantro Salmon Yoga Level 3 9-10:15 am	29 Baked Half Chicken Yoga Lev 1-2 / 9-10:15 Adult Drills 7-8:30 pm	30 Seared Tuna Yoga Level 3 9-10:15 am Mindfulness 6:30-8:30	31 Chicken Marsala	Join Us On Labor Day! September 4th Tennis Mixer Cookout, Pool Party	Happy Labor Day